

Practical Tips and Tools for Managing a Medical Ordeal



Life changes dramatically as a result of an illness or injury. A blur of information, appointments, medications, and paperwork can overwhelm even the most organized person. Sadly, one of life's most complicated and stressful experiences is often made harder than necessary because patients and their family caregivers have not been prepared for it.

ZaggoCare™ makes any type of medical ordeal easier.

Simple to Use.
Highly Effective.



“Everything you need to navigate through a complicated medical process.”

Julie Rosen, Executive Director
The Schwartz Center for Compassionate Care

We understand how hard it is to cope with an illness or injury.

Help is Here

Whatever medical challenges you face, the **ZaggoCare™** system is designed to put you more in control of your situation by providing information and tools to help you:

- + Handle the “ins and outs” of the healthcare system
- + Manage your daily medication routine
- + Communicate better with your healthcare team
- + Organize medical paperwork so what is needed is at your fingertips
- + Avoid unnecessary services and re-hospitalizations
- + Stay focused and make better decisions

Indispensable Advice and Tools

The ZaggoCare Guide is packed with essential information and proven tips. You will also get a simple and complete set of tools to keep you and your important medical information efficiently organized. Feel more in control.





Tested and praised by patients, family caregivers, and medical professionals.

“ZaggoCare provides an invaluable guide for patients and caregivers.”

Luis M. Salmun, M.D.

“Immensely helpful in approaching complicated medical circumstances.”

Lori, wife of Parkinson’s patient

“I received tremendous peace of mind from the ZaggoCare system.”

Nancy, mother of chronically ill child

“Thanks to the system, I could focus on my recovery and not be overwhelmed by the details.”

Marianne, ovarian cancer survivor

Did You Know...

- + Thousands of Americans go through unnecessary medical tests—many are even hospitalized unnecessarily.
- + Over 50% of Americans have trouble following their medication regimens, which can lead to serious problems or death.¹
- + A recent study found that 78% of emergency room patients do not understand the instructions provided by their doctors.²
- + Studies have shown that patients who are more fully involved in their medical care have fewer complications, better experiences, and increased access to care.³

Now you can get more from your medical care. Let ZaggoCare™ show you how.

Get started at www.ZaggoCare.org



Zaggo, Inc. is committed to curing pediatric brain cancer. As a nonprofit charitable organization, 100% of the profits from the sale of the ZaggoCare™ system will be donated to innovative cancer research.



The ZaggoCare Story

Created by Roberta Carson, the ZaggoCare system was borne from the experience of caring for her teenage son Zach through brain cancer. She has created an entirely new approach for managing a medical ordeal by providing tips and tools that empower patients and their families.

¹ Geneva, Switzerland. World Health Organization. “Adherence to Long-term Therapies: Evidence for Action.” 2003.
² Engel, Kirsten. “Patient Comprehension of Emergency Department Care and Instructions: Are Patients Aware of When They Do Not Understand?” *Annals of Emergency Medicine* 53.4: 454-461.
³ AARP Public Policy Institute. “How Much Do Health Literacy and Patient Activation Contribute to Older Adults’ Ability to Manage Their Health?” 2005.

