

Dealing with an illness or injury? We can help.

ZaggoCare®



Patients and families need ZaggoCare. The proof is in the numbers.

- Many of us don't have our medical information at our fingertips when we need it.
- Many of us don't know the questions to ask our doctors.
- Many of us forget to take our medication.

Over 50% of Americans do not take their medications correctly, leading to thousands of health problems each month – even deaths.¹

- Most of us forget or misunderstand what our doctor tells us.

Nearly 90% of adults have difficulty understanding and using health information.²

1 World Health Organization. Adherence to Long-term Therapies: Evidence for Action. 2 Geneva, Switzerland. 2003.
2 Kutner, M., Greenberg, E., Jin, Y., & Paulsen, C. (2006). The health literacy of America's adults: Results from the 2003 National Assessment of Adult Literacy (NCES 2006-483). Washington, DC: U.S. Department of Education, National Center for Education Statistics.

The ZaggoCare System shows you fail-safe methods to get the attention and answers you need from your doctors. Learn tips for following even the most complicated medication regimens and treatment plans.

ZaggoCare Tote

A custom designed bag for carrying our Guide and organizational tools – plus everything else you'll need to stay comfortable during medical visits and hospital stays.
Just grab it and go!

ZaggoCare Tools

Organizational items to keep important information with you at all times:

- Notebook
- Expandable accordion file for important medical paperwork
- Business card case to keep provider contact information handy
- Accessories pouch for personal items

ZaggoCare Guide

120 pages of proven, practical tips and guidance to help you become a more informed and effective patient or caregiver.



The ZaggoCare Story



Founded by Roberta Carson, Zaggo was inspired by her experience in caring for teenage son, Zach, throughout his battle with brain cancer. Roberta developed ZaggoCare to help patients and their families, no matter what their illness or injury, to feel better prepared and less stressed.

Purchase the **ZaggoCare System** for yourself or a loved one.

www.ZaggoCare.org

For helpful resources and information:

- Customizable medication and treatment chart
- Extensive resource center
- Blog on health-related topics
- "20 Things You Need to Know Now"